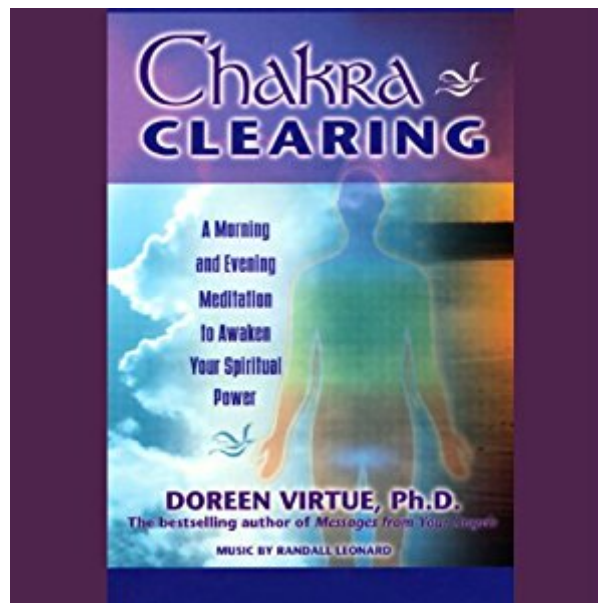




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Chakra Clearing: A Morning And Evening Meditation To Awaken Your Spiritual Power



Synopsis

When you clear away negative energy residues from fear and worry, your natural spiritual power awakens. This innate power allows you to know the future; freely communicate with God and the angels; and heal yourself, others, and the planet. In Chakra Clearing, Doreen Virtue guides you through meditations and visualizations to clear your chakras, which activates your inborn healing and psychic abilities. Enclosed you'll also find a code for an audio download that complements the material in the book. The audio starts with a morning meditation designed to begin your day with a bright, positive energy frequency and surround you with healing light. The relaxing evening meditation that follows clears away energy that you may have absorbed during the day, and invites angels to enter your dreams and give you divine messages. This comprehensive chakra-clearing program will help you fully activate your spiritual power to know and heal! --This text refers to the Hardcover edition.

Book Information

Audible Audio Edition

Listening Length: 46 minutes

Program Type: Audiobook

Version: Original recording

Publisher: Hay House

Audible.com Release Date: March 18, 2004

Language: English

ASIN: B0001ZZ0HM

Best Sellers Rank: #24 in Books > Religion & Spirituality > Hinduism > Chakras #62

in Books > Religion & Spirituality > New Age & Spirituality > Angels & Spirit Guides #72

in Books > Religion & Spirituality > New Age & Spirituality > Mysticism

Customer Reviews

VERY easy to follow along and not real long which is good since it is divided into two parts--morning meditation and evening and I don't have a lot of time in the mornings. Doreen is very descriptive and it helps to visualize making meditation easier. I'm new at it so it takes me a little practice to focus on my Chakras.

I was stuck in a rut, couldn't express myself as words kept coming out wrong... my mind was fogged and I couldn't think clearly, I couldn't make decisions... But I was AMAZED AND DELIGHTED how just after one use of Doreen's guided Chakra cleaning, how great I felt and how clear my mind and speech became...who knew cleaning your chakras was so important...smile Good stuff

I haven't read all of it, more or less thumbed through and read at random, and what I read was very heart warming. I thought it was going to be more like an information type book, but it's a book of other people's stories and their own experiences with signs from above. It reminds me of the books "small miracles" 1 and 2.

Not a beginner's guide for people wanting to learn about chakras or meditations. But an excellent resource for people who want to practice meditation or clearing their chakras. Doreen's voice (on the enclosed CD) is very soothing - although I confess I sometimes find it just the tiniest bit smarmy. The book is beautiful to look at, and uplifting to read.

Made me more aware of the environment, as I've always thot it was just pennies from Heaven--there is more to pay attention to!

I agree with one of the other posts that there might be too many personal stories contained in the book. It seems a little repetitive. However, there is a lot of good information in the book on ways to recognize signs from the angels. In hindsight, after reading this book, I now recognize ways in which angels have communicated with me. Overall I think the book is a good read.

I am a young adult, who realized not too long ago, there were other crystalline souls like me. I have read "Earth Angels" by Ms. Virtue as well, & find her knowledge on the spiritual world to be reassuring and explained well. As a Crystal child myself, I really enjoyed reading this book. While I may not agree with every explanation Ms. Virtue has, I think this is a highly accurate description of Crystal children. I could relate to so many details! I think this a good book not only for parents/family, but for older Crystal children who may be finding their place & balance on this earthly plane. Earthly life as a Crystal, or any "lightworker", can be quite overwhelming at times; but every moment is valuable, knowing we are sent from God with a specific mission, helping many others along our journey. The message I took from this book is to treasure these very special & pure children/adults, and to nurture every aspect of their spirituality. Many hugs & blessings for all of you!

This book came at a point in my life where I was ready to give up. I tried for over 50 plus years to go d out who I am and my purpose. This book answered this for me and pieces started calling into place. Never give up. Let Earth Angels speak to your soul. Blessings to all who read this message.

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